Next GCA Meeting

The next GCA meeting will be the Fall General Membership Meeting and Pizza Party and Paddle on Sunday, October 17, at Azalea Park in Roswell. Put the date on your calendar and plan to join us for an afternoon/evening of food, entertainment and fun. The River Trip will commence at 4:00 PM, followed by the Pizza Party and meeting, including election of officers. More details on the meeting will follow in the October newsletter.

GCA Fall Gala Canoeing Affair

Mark your calendars and send in your registration! The 2004 GCA Fall Gala is set for Friday, Saturday and Sunday, September 17-19. The event will be headquartered, as last year, at Nelson's Nantahala Hideaway in Topton, NC, just up the road from NOC. The Gala is a weekend of paddling and camping, featuring club-sponsored trips on Saturday and Sunday and the fine company of many, many GCA members.

Saturday and Sunday breakfasts and Saturday evening dinner will be available — sign up for meals and camping reservations on the registration form. The registration form is included in this issue of The Eddy Line. IMPORTANT NOTE: If you plan to eat with us, we must receive your check by the deadline date of Tuesday, September 14. Since all food must be ordered in advance, we will not be able to provide food for late registrants or walk-ins.

We need coordinators for paddling trips at all levels. Coordinate a trip and you get to participate in the raffle for an NOC gift certificate.

The Intermediate White Water Canoeing Clinic coordinated by Gina and Haynes Johnson will also be held this weekend. Sign up on the Clinic Registration Form in this issue of The Eddy Line.

Intermediate Canoe Clinic September 18, 19

Haynes, Marvine Cole and I will be teaching an intermediate canoe clinic on the Nantahala the weekend of the Fall Gala. This is a great time to work on your Nantahala river running. We will be working on ferrying, eddy turns, peel outs and the basics on class II water. We will focus on Ferebee down to the Falls. Marvine is certified to teach in Nantahala Falls, so those who want to work on this area of the river will have an opportunity. If you don't, you can take out at the scouting area above the falls. We will be teaching solo and tandem.

If you have questions, please give me a call at 404.512.0832. Thank you, Gina Johnson.

Calling All River Rats!

The Altamaha Fall Canoe Paddle is scheduled for Saturday, September 25, 2004. Please visit the Baxley-Appling County Board of Tourism web site at www.baxley.org. Click on Tourism and scroll down the page to the three links. You will find the registration form, waiver of liability and permission form for youth attendance. If you need maps or any additional information, please contact Lynn Carter at 912.367.7731 or email carterls@bellsouth.net.

Looking forward to a fun day on the Altamaha River!
Who Ya Gonna Call?
The following list is provided for your convenience:
- For general information about the club - Call the club telephone number, 770.421.9729, and leave a message. Someone will get back to you.

To volunteer to help with club activities - Call President Gina Johnson at 770.971.1542 or contact the committee chairperson for your area of interest.
- For information on payment of dues or membership status - Call Treasurer Ed Schultz at 404.266.3734.
- To sign up for a club trip - Call the trip coordinator at the number listed on the activity list.
- To sign up to lead a club trip - Call Cruise Master Steve Reach at 770.760.7357.
- For change of address or for Eddy Line subscription information - Call Ed Schultz at 404.266.3734.
- If you didn’t receive your Eddy Line - Call Ed Schultz at 404.266.3734.
- For information on GCA clinics - Call the clinic coordinator listed on the clinic schedule, or call Training Director Jim Albert at 770.414.1521.
- For information on winter roll practice - Call Revel Freeman at 404.261.8572.
- For information on placing want ads in The Eddy Line - Call Newsletter Editor Allen Hedden at 770.426.4318.
- For information on videos and books available from the GCA Library - Call GCA Librarian Denise Colquitt at 770.854.6636.

Board of Directors Meetings
The Georgia Canoeing Association Board of Directors meetings are held quarterly during the last month of the quarter (March, June, September, December). The time and location are announced in The Eddy Line. All members are encouraged to attend. If you have an item for discussion, please call GCA President Gina Johnson at 770.971.1542 so she can add your item to the agenda.

Submitting Eddy Line Material
Deadline for material to be submitted for publication in the next Eddy Line is the fifth of the month, i.e., for the January issue, material should be submitted no later than December fifth. The editor must receive all articles, trip reports and want ads by the deadline or they MAY NOT be published in the next issue. To submit material via EMAIL, send to gacanoe@mindspring.com. The text of an article can be placed in the body of a message, and photo images can be attached to the message as attached files. To submit material via COMPUTER DISK submit articles or trip reports on a 3-1/2 inch IBM/DOS formatted disk as an ASCII text file labeled with a "txt" file extension, or as a text file on a 3-1/2 inch high density Macintosh formatted disk, and include a printed copy (Disks returned only if requested). To submit material via U.S. MAIL, send to: Allen Hedden, 2923 Piedmont Drive, Marietta, GA 30066. All classified ads will be run for two months unless otherwise requested. Hand-written or phoned in material CANNOT be accepted. Contact Newsletter Editor Allen Hedden at 770.426.4318 for questions. Thanks for your cooperation.

GCA Executive Committee
President .............................................. Gina Johnson
Vice President ....................................... Dick Hurd
Secretary ............................................. Tom Bishop
Treasurer .............................................. Ed Schultz
Member Services Chair ............................. Gabriella Schlidt
Recreation Chair ..................................... Gretchen Mallins
Resource Development Chair .................... Knox Worde
River Protection Chair ............................. Don Kinser
Training Chair ....................................... Jim Albert

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UPCOMING ACTIVITIES

September

4  Leader’s Choice  Class 1-2 Trained Beginner  Will Gosney  770.560.3600
4  Ocoee  Class 3-4 Advanced  Jodi Kaufmann  706.207.0755
11 Terrapin Creek (AL)  Class 1-2 Trained Beginner  Vincent Payne  770.834.8263
11 Upper Toccoa (Note 2)  Class 2-3 Intermediate  Steve Reach  770.760.7357
11 Chattooga Section 4  Class 3-4 Advanced  Roger Nott  770.536.6923
12 Board of Directors Meeting — Lenox Towers  Gina Johnson  404.512.0832
12 Chattooga (Note 1)  Class 3-4 Advanced  Peter Chau  864.885.9477
12 Ocoee  Class 3-4 Advanced  Peter Elkon  404.373.7535
17 Nantahala  Class 2-3 Intermediate  Peter Chau  864.885.9477
17-19 GCA Fall Gala — Nelson's Nantahala Hideaway — Topton, NC  David & Dorothy Vezzetti  706.579.2541
23-26 Lower Gauley (Note 3)  Class 3-4 Advanced  Louis Boulanger  404.373.2907
25 Metro Chattahoochee (Note 4)  Class 1-2 Trained Beginner  Steve Reach  770.760.7357

October

1-3 Satilla (Canoe Camping)  Class 1-2 Trained Beginner  Vincent Payne  770.834.8263
10 Upper Chattahoochee  Class 2-3 Intermediate  Doug Ackerman  770.503.0365
17 Fall Meeting and Pizza Party — Chattahoochee River Park, Azalea Drive  Gina Johnson  404.512.0832
23 Metro Chattahoochee (Note 4)  Class 1-2 Trained Beginner  Steve Reach  770.760.7357

Note 1: Peter Chau Chattooga trips will be Section 3 or 3-1/2 depending on water levels.
Note 2: These trips will run only if water level allows.
Note 3: 4-day Gauley Fest road trip (West Virginia), Louie will arrange camping and meals.
Note 4: Cruise Master's Cruise — Palisades section — new paddlers especially welcome.

Your Trip Could Be Listed in This Space — Call the Cruise Master and Sign Up Now!!

Signing Up: Call the trip coordinator listed to sign up for trips. Most trip coordinators will move a trip to an alternate venue if the water levels and conditions for a particular trip are not favorable. Call early in the week to ensure you get a spot on the trip, and in consideration for the coordinators, PLEASE avoid calling late in the evening.

Training Trips are a combination of recreation and training designed to attract those boaters who have completed a formal training clinic and would like some on-the-river time with instructors practicing what was learned in the clinic and expanding skill levels.

To Volunteer To Lead Trips: Call the Cruise Master, Steve Reach at 770.760.7357. As usual, we need trip coordinators for all types of trips, from flat water to class 5 white water. Our excellent trip schedule depends on the efforts of volunteers, so get involved and sign up to coordinate a trip on your favorite river today! The GCA needs YOU!

Chattooga Trips are limited to 12 boats on ANY section on ANY trip, club trip or private (USFS regulation). Your cooperation in protecting this National Wild and Scenic River is appreciated.

Roll Practice: Wednesday evenings from 6:00 PM until dark, May thru the end of Daylight Savings Time in October at the lake at Stone Mountain Park. See announcement in this issue of The Eddy Line.

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GCA Library Items
The GCA Library has many videotapes and books available to any GCA member. All you have to do is call GCA Librarian Denise Colquitt at 770.854.6636 to find out what is available. The cost is $3.00 per tape or book for postage and handling. Any or all donations or loans to the library are welcome. (Please, no bootleg video copies.) Send them to:

Denise Colquitt
3794 Glenloch Road
Franklin, GA 30217

The following items are currently available:

Videotapes:
- Canoes by Whitesell
- Cold, Wet & Alive
- Expedition Earth
- Faultline (Will Reeves)
- First Descents (North Fork Payette)
- Grace Under Pressure (learning the kayak roll)
- I Said Left, Stupid: A Video Guide to the Chattooga River (Sect. 2 & 3)
- In the Surf
- Introduction to Canoeing
- Mohawk Canoes (promotional w/detailed boat outfitting instructions)
- Mohawk Whitewater Canoes (promotional w/detailed outfitting instructions)
- Only Nolan (Promotional, Canoe Technique)
- Path of the Paddle: Quiet Water
- Path of the Paddle: White Water
- Performance Sea Kayaking (the basics & beyond)
- Play Daze
- Retendo

Solo Playboating!
The C-1 Challenge
The Middle Fork of the Salmon River (Idaho) — by Photographic Expeditions
Trailside: White Water Canoeing the Chattooga River
Vortex — low cost storm water sampler
Waterwalker (Bill Mason)
Whitewater Self Defense

Books:
- A Canoeingand Kayaking Guide to the Streams of Florida
- A Canoeing & Kayaking Guide to the Streams of Kentucky
- A Canoeing and Kayaking Guide to the Streams of Ohio, Vols I & II
- A Canoeing & Kayaking Guide to the Streams of Tennessee Vol I & II
- A Hiking Guide to the Trails of Florida
- A Paddler's Guide to the Obed Emory Watershed
- ACA Canoeing & Kayaking Instructors Guide
- Alabama Canoe Rides
- AMC White Water Handbook
- American Red Cross Canoeing & Kayaking
- Arkansas information (assorted)
- Basic River Canoeing
- Brown's Guide to Georgia
- Buyer's Guide 1993 (Canoe Magazine)
- Buyer's Guide 1994 (Paddler Magazine)
- Buyer's Guide 1996 (Paddler Magazine)
- California Whitewater - A Guide to the Rivers
- Canoe Racing (Marathon & Down River)
- Canoeing Wild Rivers
- Carolina Whitewater (Western Carolina)
- Endangered Rivers & the Conservation Movement
- Florida information (assorted)

GCA Email List
The GCA email list has at this printing about 300 subscribers. Here's how the list works:

By sending an email to "gcalist@yahoogroups.com" you automatically reach all subscribers on the list with the message. Only those subscribed to the list can send email to the list.

To subscribe to the list, send an email to "gcalist-subscribe@yahoogroups.com". You will receive a verification that you are subscribed and a welcome message with instructions on how to unsubscribe and various other commands available through the service. Be sure to save this information for future reference.

Announcements

GCA Web Page
Check it out at http://www.georgiacanoe.org. We are continually adding information and links of value to paddlers. Send your ideas for updates to Web Master Allen Sinquefield by using the e-mail link for WebGuy at the site. Membership applications, GCA waivers and other forms for use by members are posted on the site.

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Mail Failure Notices

Each month the Electronic Eddy Line receives numerous mail failure notices against members' email IDs. If your email address comes back with a mail failure notice, you will be deleted from the recipient list for the Electronic Eddy Line until we get a request to be added back with a current email address.

Also, if we get a number of mail failure notices against an email ID on the GCA Email List, that ID is automatically unsubscribed by the listserver software. It is the subscriber's responsibility to maintain the subscription with the current email ID. Your cooperation is appreciated — it makes less work for our all volunteer staff.

Support Our GCA Supporters

The GCA web site now features a GCA Supporters web page with links to the companies that support GCA financially by advertising with us. Help out those who help us out — patronize our financial supporters!!

Thanks!

Weekday Paddlers

Did you know that GCA has a list of paddlers available to paddle during the week? We now have 70+ entries on the weekday paddlers list, including members who are retired persons, those with variable or non-standard work schedules, those available to paddle weekdays when school is out (students and teachers), and even those who have a lot of vacation time to burn and want to take vacation days for paddling. The list includes members who paddle smooth water as well as all classes of white water.

If you would like to be included in the list, please call Allen Hedden at 770.426.4318 and leave your name, phone number, days of the week you are available to paddle, and class of water (flat, I thru V) that you are interested in paddling. You will then receive an up-to-date copy of the list. The list will be re-published quarterly (January, April, July, October).

Updates are available by request through the GCA phone line. If you received your copy of the list more than 3 months ago, you should request an updated copy. There have been considerable changes to the list. To receive an up-to-date copy, call the GCA phone line at 770.421.9729 and leave your name and address with a request for the updated list.

Upcoming Events of Interest

September 11 — Paddlefest 2004 — Hiwassee River, TN, Tallulah Trice, 423.756.HAND, email tallulah@handfoundation.com

September 11-12 — Tsali Challenge Triathlon — 3-mile lake paddle, 4.5 mile trail run, 12-mile Mtn Bike at Tsali Recreational Area — NOC, Bryson City, NC, 800.232.7238.


September 25 — Mountain Island Challenge (Racing and recreational kayaks only) — Mountain Island Lake, Charlotte, NC, Rick Garcia 704.588.8221.

September 25-26 — Outdoorsman Triathlon, swim 1-mile, run 4-mile, canoe 8-mile class II — Wesser, NC, Kirk Havens, 804.785.2107, kirk@vims.edu, Ed Sharp, 540.752.5400, e.sharp@att.net.


October 2 — Lumber River Challenge — Lumberton, NC, 9.5 miles for Rec Canoe & Kayak, 40-miles for USCA C-1, C-2 and kayak, William McDuffie, 910.948.2609.

October 10 — Perennial Paddle (MAPA), USCA C-1, Rec Canoes & Kayaks — Norfolk Botanical Gardens, Norfolk, VA, Chuck Conley, 757.464.5794, wolfsdad@att.net.

October 29-31 — NOC Guest Appreciation Festival — Nantahala River, Wesser, NC, 800.232.7238.


September Board of Directors Meeting

The September Board of Directors meeting will be Sunday, September 12, at Lenox Towers (Gina Johnson's Office) at 7:00 p.m. The office is at 3390 Peachtree Road, directly across from Neiman Marcus. You can park at Lenox Square and walk across the street, or drive into
Lenox Towers and park in the parking deck (take a ticket to get into the parking deck — I will give you a token to get out!).

The Brannen Goddard office is in the south tower on the 12th floor. There is a security guard and we will have someone at the door to let you in. We will be voting to confirm a slate of nominees for the club officers for 2004/2005. Please give me a call and let me know if you are planning on attending.

Thank you,
Gina Johnson, President (404.512.0832).

Summer Roll Practice
Joint AWC / GCA Summer Roll Practice will be held at Stone Mountain Lake this year beginning in May and running through the end of daylight savings time in October. Sessions are scheduled for Wednesdays at 6:00 (or earlier). Admission is free once you enter the park (a season pass is highly recommended if you plan to attend multiple sessions).

To get there, enter the park from the Stone Mountain Freeway (East Entrance) and take the first left. Continue about a mile until the road crosses the dam and take the first right into the parking lot. The boat ramp is on the right.

Use the area around the ramp to load and unload boats only. There is a fair amount of power boat traffic putting in and taking out at the ramp. Once in the water, try to stay clear of the ramp for the same reason.

Note: Park regulations do not allow “swimming” at this location, so if you are in the water spotting for someone, an explanation to the park officials may be in order. So far no one has been cited for a violation there.

Volunteers are needed to help with kayak, canoe and C-1 rolling. Your help is appreciated!

Roswell Canoe & Kayak Club Update
The name that we are going to use is official — “Roswell Canoe and Kayak Club.” A business plan is being developed and property is being looked at for a facility. Meetings are going to be first and third Thursdays at 7:15 pm at Azalea Park.

Plans for a Middle School Program would include Ridgeview Middle and Spalding Middle in Sandy Springs. At full build out, this is what the program will probably look like:
1) We will have a facility on the Chattahoochee where we will store the club boats furnished by the club
2) We will need or the athletic director for the school will have to recruit one parent coach
3) The parent coach will get trained by the Lanier Canoe Kayak Club
4) The parent coach will then recruit as many team members as possible, need 8-10 for a good team
5) The parent coach would then hold practices as many times a week as they want
6) The club would hold club competitions between the different RCKC club teams
7) We would compete with the Lanier club in the spring and fall
8) We would have clinics in the spring and fall
9) Talented paddlers could then go on to compete in bigger races
10) Coaches could get dragon boat teams together

Bill Sapp is the mail contact for the new club, so if you are interested in being involved, please email him at Sapp.Bill@epamail.epa.gov. He is looking for future board members, volunteer coaches, club members and friends of the program! Please forward this article to anyone who may be interested in helping!

White Water Classics Slide Show
High Country in Atlanta is having a slide show and book signing by author Tyler Williams at High Country Outfitters in Buckhead on Thursday, September 9, at 7:30 PM.

Talk about the ultimate paddling safari! Over the past two years, author Tyler Williams has criss-crossed North America while conducting research for his latest book “Whitewater Classics — Fifty North American Rivers Picked by the Continent’s Leading Paddlers.” Williams visited classic whitewater runs from southern Mexico to California's Sierras to the Southeast. He often paddled the classics with the living legends who are featured in his book. However, Williams' greatest adventure during his research was a solo trip 10 days down Alaska's Alsek River that included close encounters with rolling icebergs and grizzly bears.

Come see the story behind the making of Whitewater Classics at High Country — Buckhead, 3906-B Roswell Rd., Atlanta, GA 30342.

Paper is pretty cheap. Unless you're a tree.
Paddlefest 2004
Saturday, September 11th, Hiwassee River.

It's one last summer fling on the river with good friends, great food, live music, and a little competition.... All for a great cause — benefiting the H.A.N.D. Foundation. Established in 1999, H.A.N.D. (Homeless Animals Need Doctors) is a voluntary nonprofit charitable 501(c)(3) organization which is dedicated to providing veterinary care and comprehensive evaluation to animals who are abandoned, mistreated or neglected throughout Chattanooga and surrounding cities in our Tri-State area.

The main event is a four person raft race down the Hiwassee River collecting flags at various places on the river. Each team must collect all flags to be eligible to choose a box and see what prizes they have won. Only the first ten rafts with the best time will have a chance at winning the four GRAND PRIZES!

The grand prize is FOUR LIQUID LOGIC KAYAKS. First best time gets to choose first, second best time gets to choose second, and so on... Under one box is the GRAND PRIZE, but some boxes could contain four Mullet Wigs, so it's all in your picking ability!

This year we have added another race: The Two Legged Race, which is a team of two in a fun yak and the same rules apply as the Four Legged Race!

For more information, contact:
Tallulah Trice
Email: tallulah@handfoundation.com
Phone: 423.756.HAND
Web site: http://www.handfoundation.com

From the Soggy Clipboard of the Cruise Master

August 6, 2004. If you are new to the club this summer, I would like to highly recommend the Gala coming up in September. This full-weekend club event occurs every fall. There will be many activity choices for all levels of paddler, group camping, breakfasts, and a catered dinner. It's happening up at the top of the Nantahala Gorge, which, if you haven't been yet, is paddler's paradise. Trips are already planned for the Nantahala, Ocoee and Chattooga during the Gala; the Tuckaseigee River, Little Tennessee River, Nantahala Lake and Fontana Lake are some of the possibilities for beginners and intermediates. There are also abundant hiking, biking, sightseeing and shopping opportunities in the area for non-boaters.

Of special note in September is Louis Boulanger's 4-day road trip to the Gauley river in West Virginia. This is some highly advanced big white water for you expert boaters. Louie is arranging the camping and the meals for this epic adventure, set to coincide with the Annual Gauley Fest.

During the upcoming dry months, the dam-controlled rivers are going to provide most of the white water, since almost everything else likely will be too scarce; however, there are lots of possibilities for SLACK WATER. Think about maybe a lake, swamp or black water river trip you could lead in October or November. This kind of trip can be especially good for the scenery, remoteness and tranquility. Vincent Payne has a 3-day camp paddle coming up in October on the Satilla in south Georgia that promises to be a peaceful and pleasant getaway for boaters of all levels.

VOLUNTEERS! GCA has arguably the best paddling calendar in the southeast. It's all because of volunteer trip coordinators. Many thanks to all of you who have donated your energies so far this year — you make this club happen. If you have any feedback or suggestions on how to improve the overall club trip experience, please let me know.

Never been a volunteer? No worries, it isn't necessary to be a club old-timer or an expert paddler. You just need to know the run. That means know where to put in, take out, how to shuttle. Beyond that it's just an easy coordination effort. I REALLY NEED NEW VOLUNTEERS!!! Some of the old standbys are dropping off, burnt out from sheer repetiton. There also may be some of you past trip coordinators who haven't done one in a while — love to hear from you too. Call 770.760.7357 or e-mail gca_trip@yahoo.com if YOU would like to participate.

GCA training opportuinities in September:
9/18-19 — Intermediate Canoe
9/25-26 — Sea Kayak

Until next month — STEVE.

Inverted! - From the Merrimack Valley Paddlers email list.
Welcome New Members — Directory Additions

The following is a list of all members who have joined the club since the last update. We will try to include this information on an on-going basis so you can add new members to your Directory. New members are the life blood and the future of the club. Thank you for joining us!!

Barfield, Scott & Janice  
501 Powder Mill Street  
Dallas GA 30157  
H: 770-445-0595  
O: 770-528-2108  
O: 678-758-7147  
Email: futbal30@aol.com  
Email: scott.barfield@cobbcounty.org

Bethea, Deborah  
3259 Ashgrove Lane  
Marietta GA 30008  
H: 770-384-1575  
Email: bethea_d@hotmail.com

Cordell, Ron & Maria  
220 Fairway Ridge Drive  
Alpharetta GA 30022  
H: 770-552-2634  
Email: roncordell@comcast.net  
Email: mcordell@comcast.net

Cousins, Steven  
7295 Wood Hollow Way  
Stone Mountain GA 30087  
H: 770-498-7411  
O: 404-538-4741  
Email: scousins@mindspring.com

Dalton, Betty & Ray  
2595 Hickman Hollow Road  
Shawsville VA 24162  
H: 540-268-5185  
O: 540-224-4747  
Email: ovationoc1@aol.com

Davenport, C. Daren  
8005 Royal Saint Georges Lane  
Duluth GA 30097  
Miller, Michael & Tara  
9890 North Pond Circle

Keebaugh, Chrissie & Shane  
513 N. Highland Ave NE Apt #2  
Atlanta GA 30307  
H: 770-356-6410  
O: 770-380-5786  
Email: bfn3@cdc.gov  
Email: sfkeebaugh@acerenvironmental.org

Marko, Holly  
3765 Pine Village Place  
Loganville GA 30052  
H: 770-554-3173  
O: 404-630-9488  
Email: hmarko@comcast.net

Miller, J ohn & Judy  
875 Lawrenceville-Suwanee Rd Ste  
Lawrenceville GA 30043  
H: 770-513-3900  
O: 678-549-4950  
Email: millerjohnf@bellsouth.net  
Email: heyjude51@bellsouth.net

Miller, Michael & Tara  
Roswell GA 30076  
H: 770-640-7960  
O: 770-518-0868  
O: 678-923-9547  
Email: wa_ya@bellsouth.net

Reeves, Weldon  
149 Trillium Ridge  
Dawsonville GA 30534  
H: 678-410-4688

Saunders, Michael  
PO Box 1024  
Dahlonega GA 30533  
H: 706-864-4156  
O: 706-864-1520  
O: 706-344-7766  
Email: msaunders@ngcsu.edu

Skelhorn, David  
101 Rosewood Lane  
Cumming GA 30040  
H: 770-856-9523  
O: 770-645-3414  
Email: dskelhorn@bww.com

Summers, Thomas "Zane"  
1100 Woodridge Lane  
Watkinsville GA 30677  
H: 706-310-0109  
O: 706-248-7945  
Email: summcon@aol.com
River Activists Descend on Capitol Hill
by Rebecca Wodder, President, American Rivers

August 6, 2004. We want to take a moment to share with you a recent success story from the growing nationwide river movement.

On May 25, 81 river advocates from across the country flooded Washington, D.C., to deliver the message of river conservation to Congress as part of River Lobby Day. Hundreds of river advocates took action that same day by calling their elected officials to let them know that they care deeply about healthy rivers and clean water and are counting on those officials to do their part.

Participants in River Lobby Day met in person with Congressional staff from more than 120 offices in the House and Senate to tell the stories of their local rivers and urge support for strong clean water protections. Sporting buttons that read "Healthy Rivers, Healthy Communities," river advocates urged members of Congress to support two timely items. First, legislation directing federal and state departments of transportation to fund projects that reverse the damage that highway runoff can do to rivers. Second, legislation (the Clean Water Authority Restoration Act) reaffirming that the Clean Water Act applies to all waters.

River Lobby Day participants also hand delivered the first-ever Citizens’ Agenda for Rivers, a recently completed action plan created by and for the river movement. The Citizens’ Agenda identifies specific steps that federal, state and local decision makers can take today to address key threats to rivers nationwide.

We hope to have 1,000 river organizations and 1,000,000 individuals endorse the Citizens’ Agenda for Rivers by the end of 2004. Please read and endorse the Agenda today at: www.healthyrivers.org

River Lobby Day was just the beginning. It marked an important first step in introducing Congress to the Citizens’ Agenda for Rivers and to an organized and politically active river movement. There will be many opportunities to continue the momentum created at River Lobby Day, and we will alert you to those opportunities as they arise. In fact, there are two actions you can take today:

1) Endorse the Citizens’ Agenda for Rivers at: www.healthyrivers.org;
2) Send an email to: outreach@americanrivers.org letting us know that you are interested in participating in River Lobby Day 2005 (date to be determined). This will ensure that you receive the latest information as we gear up for the next River Lobby Day.

Cumberland Island Wilderness Is in Danger!
by Brookie Gallagher

Cumberland Island, and particularly the north end of the island, is a popular and accessible destination for
Great Adventures Start at the Center

Improve your skills on an NOC private or small group instruction course. Learn from the nation’s top whitewater kayak and canoe instructors.

Travel to Chile, Costa Rica, Panama, Jamaica, Florida’s Everglades, or the Georgia Coast with NOC Adventure Travel.

Equip yourself and your boat with the latest in paddling gear, like Jackson kayaks, Astral PFDs and Esquif canoes.

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Save 10% as a Georgia Canoeing Association member when you shop at our Nantahala River Outfitter’s Store and online catalog. Order by noon Tuesday for Friday delivery.

Nantahala Outdoor Center
877.382.2453 • 13077 Hwy 19W, Bryson City, North Carolina 28713 • www.noc.com
paddlers traveling from the coast along Crooked River. If you have ever visited Cumberland Island by ferry or by paddling you are aware of the stunning beauty and serenity and the quiet of this National Seashore. One can walk for miles on the beach or on trails in the interior listening only to the sounds of nature, away from the noise of cars. (Only a very limited number of cars are allowed on the island.) This could change if proposed legislation is enacted. And the focus of the change would be the north end of the island, currently the most remote and quietest part of the island.

There are 2 pieces of legislation that are of concern: a House bill, HR. 4887, and a Senate bill, S. 1462. Georgia Senators Saxby Chambliss (R) and Zell Miller (D), along with Rep. Jack Kingston (R-GA) have introduced legislation that proposes to de-designate the Wilderness status of part of Cumberland Island’s designation, which came not long ago after much study and consideration. They also propose to fragment the small wilderness to allow for, and increase, motorized traffic and commercial tours within the Wilderness. These changes violate the criteria and the spirit of the Wilderness Act and are NOT designed to preserve or protect the public lands of the island for the greater good of the public, but for the benefit and profit of a select few.

* These bills will undesignate hundreds of acres of Wilderness.
* They will carve motorized corridors through Wilderness, and allow motorized vehicle traffic in the Cumberland Island Wilderness.
* They will allow a few individuals to profit at the greater public’s expense.

If this proposed legislation is enacted, the experience that boaters can look forward to is paddling miles of river, marsh and sound off the coast to this unique, remote barrier island, only to be greeted by the sights, sounds and smells of motor vehicles, rather than the experience of the wilderness. (This goes for hikers as well, who hike to the more remote north end for a wilderness experience.)

**Background:** In 1972 Congress set aside Cumberland Island as a national seashore, and declared that it “shall be permanently preserved in its primitive state.” Then in 1982, the northern part of the island, including the northern part of the main road, was designated by Congress as Wilderness and Potential Wilderness. This designation requires the National Park Service to keep the Wilderness and Potential Wilderness free of motorized vehicles (excepting valid rights of private access), commercial activities, and development. The intention of HR 4887 and S 1462 is to undo this designation and remove the protections it affords. The southern end of the island offers and will continue to offer an island experience, both natural and cultural, for those who cannot or do not want to undertake all that is involved for a more primitive experience. Both populations are being served under the current plan.

**What you can do:** If you agree that this is a problem, you may want to urge your representative to vote NO on HR. 4887 and urge your Senator(s) to oppose S. 1462! Georgia Senators Saxby Chambliss (R) and Zell Miller (D), along with Rep. Jack Kingston (R-GA) introduced the legislation, so Georgia residents may wish to write them expressing their opposition to the legislation and their disappointment in their having drafted it to begin with. Perhaps reminding them that you vote and that you care about issues such as these when voting may also be effective. (Since they drafted it, urging them to vote against it would probably not be effective.)

The public record is currently open concerning S. 1462. You can visit http://www senate.gov/ general/ contact_information/senators_cfm.cfm to find the contact information for your senator(s). Please be sure to forward additional copies to the two Senators listed below:

Senator Craig Thomas, Chairman
Subcommittee on National Parks
U.S. Senate Dirksen, Room 307
Washington, DC 20510
Fax: 202.228.0539
Web Form at: http://energy senate.gov/contact/contact.cfm

Senator Jeff Bingaman
Senate Energy and Natural Resources Committee
U.S. Senate Hart, Room 703
Washington, DC 20510
Fax: 202.224.4340

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The Eddy Line  11  September 2004

"Basic" First Aid Kit?  

by Dallas Hargis

To make a short story even shorter, last Sunday some of us decided that running the Elkhorn at the level of >4.5 feet would be a fun thing to do so that’s what we did. In the process of portaging the dam, I stepped on a beer bottle, crushing it. I received an approximately two inch laceration to the bottom of my left foot and rather deep. At least I could see all the cables, connection, nuts and bolts in there.

Yes, I was paddling barefoot and doing the portage also barefoot.

The big concern was the amount of bleeding my foot
was doing. There was a lot of it and I couldn’t find a way
to save any of it for later use.

Problem was, no first aid kit. A couple of paper
towels and some duck tape and I was able to get enough
pressure to contain the bleeding. Something tells me that
Tim donated his riverside toilet paper. Thanks Tim. I owe
ya. I’ll bring the leaves next time. What bleeding that was
not contained was then contained by Dale’s bootie (thanks
Dale).

With foot bandaged, we proceeded to the take-out at
Elkhorn Acres. The float is several miles, but at that level,
it went by quickly. I got off the water and on the way home,
thought about it, and since we were paddling in brown
water, I decided to make a side trip to the Emergency
Room.

Honestly, when I was cut it did not hurt. Yeah, bled
like a stuck pig but it did not hurt. You can believe it did
at the ER though. They tried a foot block and it was only
partly effective.

So here are some things I did wrong and lessons
learned... Have foot protection. I did not bother with it.
I’ve paddled for years from the Elkhorn to the Upper
Gaulie with none. I usually do stuff footgear in the boat
but I seldom ever use it. That needs to change.

Also, a first aid kit would have been nice. None of us
in the group of five had one. Up to now, never needed it.
But this one time it sure would have come in handy. Bruce
had some tape wrapped on the shaft of his paddle that I
had placed there years ago, kiddingly calling it a first aid
kit. If it hadn’t been for the tape, I think that making a
pressure bandage would have been more of an issue than
it was. At the time, I was proving that I can bleed with the
best of ‘em. So if you have a first aid kit, carry it and hope
that you’ll never have to use it, but carry it.

Be aware of what is around you. I knew there was
glass and garbage all around us at the dam. There always
is. But even if not at the dam, knowing where your foot is
about to go is kind of important. Ever notice there are
snakes, sharp rocks, sticks, etc., all along the banks?

Okay, valuable lessons learned. So far I’m out of
work for two weeks. I do not work at a desk and my ability
to perform my work at the level required is not possible.
Though the insurance covers most of the cost, I’m still out
financially due to co-pays, prescriptions, dressings, etc. I
wound up with seven stitches, a butt full of antibiotics, an
arm full of tetanus toxoid, a pair of crutches (and required
sore pits to go along with the crutches), a numb foot which
I’m really, really hoping returns to normal but as yet is not
happening, and I’m extremely bored at home. Please don’t
tell me to read a book. I did that and have decided from
now on to wait for it to come out on video.

All this is due to my own carelessness and disregard
for my own personal health and safety. Ladies and
gentlemen, as you get ready to put in, do a moment’s safety
check. Remember, you are responsible for yourself on the
river. Somebody needs to have proper safety equipment,
such as first aid kit, throw rope. That somebody needs to
be you. I had let some of these items go for years and it all
captured up with me. I was lucky as I was with people who
took the time and effort to help me out. Please do all you
can to prevent this from happening to you.

Be careful out there and SYOTR.

- From the Bluegrass Wildwater Association Forum. ☼

Building a Paddler’s First Aid Kit
by Tim Sprinkle

It’s late on Sunday, and you’ve been out on the water
for nearly four days, paddling through country that you
haven’t visited in 15 years. Needless to say, you’re tired,
you’re sore, and you’re ready to put this trip behind you.
But the river won’t let you off that easy; there are still
three miles of tough (OK, moderate-plus) rapids standing
between you and the shuttle.

You hear the rumbling before you see the water, the
current dragging your boat downstream with surprising
strength. You pull hard for a nearby eddy but miss it,
instead swinging 90 degrees out into the flow. Before you
know what’s happening, you’re heading stern-first down
the drop. Your boat makes a satisfying ‘crumple’ sound as
you hit the rocks, pain shooting through your shoulder.

Sound familiar? None of us wants to face a situation
like this, seriously injured out in the backcountry. But
with some know-how, a little preparation, and a well-
stocked first aid kit, weathering unpleasant turns like this
one can become less of a gamble.

PREPARING FOR THE WORST

Few things in a paddler’s gear are as important as a
well-stocked first aid kit. Wound dressings, cleaners,
splints, medicines, and other assorted hardware mundane
items that can often add up to the difference between an
enjoyable trip and a painful, unending nightmare. But, as
with anything, the items in a first aid kit are only as useful
as the paddler who knows how to use them. Ben Woodard,
WEMT, Executive Director of Wilderness Medical
Associates (WMA) a Maine-based training center that certifies
outdoor professionals in emergency medicine has over 20
years experience as a ski patroller and backcountry ranger
in upstate New York, and agrees that adequate experience
is the key.

“WeMA gets phone calls and requests all the time like,
‘I am going on a two month paddling expedition in the
Arctic Circle and want to buy a book on first aid, maybe buy a first aid kit," he says. "What the person should have been doing was asking about getting some medical training, like a Wilderness First Responder for that level of trip. Having all the automotive tools in the world doesn’t make someone a mechanic."

For those just getting into the sport, the basic first aid and CPR courses offered by the Red Cross are a good starting point. Proper preparation, he advises, also extends to physical fitness. Sure, we all say that we’ll get in shape while we’re out there, but the fact is, overuse injuries are shockingly common among paddlers, especially those that like to head out on long trips that their bodies aren’t ready for. Remember, the best way to stay safe in the backcountry is to avoid getting injured.

**THE KIT**

That said, Woodard does have a list of “staples” that he recommends every paddler carry when they head out on the water. Like all things, the contents of a first aid kit vary from paddler to paddler, so think of this list as a general outline. Depending on the size of your group, the distance you’ll be traveling, your group’s first aid experience, and other variables, you’ll need more or less of certain items.

**Wound care** (It’s the part of the kit that’s likely to see the most action):
- **Bandages:** (stretching, self-adhering), dressings (several sizes, you can cut larger pieces to fit), gauze pads, Band-Aids, and medical tape.
- **Cleansers:** Proper cleaning of wounds is crucial in the outdoors, especially when you’re splashing around in bacteria-infested waters. Woodard recommends pre-soaked iodine pads; they’re easy to pack, easy to use and can be mixed with water to form an iodine bath in a pinch. Be sure to bring plenty, as wound cleaning is an ongoing process.
- **Medicine:** Let’s face it, a headache is a headache wherever it happens, and having the right medication on hand to take care of it is a luxury among luxuries. Beyond that, it’s a good idea to bring along some topical creams, pain tablets, and other medicines to treat itches, scrapes, and other assorted unpleasantness. An antibiotic cream such as Neosporin can also be useful when cleaning wounds and protecting them from infection.
- **Splints:** Usually an afterthought (paddle shaft splint anyone?) but there are a number of packable splints on the market that are worth bringing along, especially if you’re heading out for a particularly long trip. And don’t forget some heavy-duty bandages to hold the splint in place.
- **Tools:** According to Woodard, this is “the stuff that can make someone a hero” in the backcountry. Tweezers for pulling out splinters, scissors for cutting bandages and gauze, survival blankets for keeping warm or for creating emergency shelter, twine or cord for assorted repairs, pins for securing slings, and plastic bags for everything else. This list could go on and on.
- **Carrying case:** When you’re paddling, there really isn’t a good excuse for not using a waterproof container such as a dry bag/box to store your kit. And be sure to include some latex gloves and a CPR mask for your own protection — they’re standard first aid equipment in this day and age.

Woodard also recommends packing a small "boo boo" kit that can be kept close at hand for those little cuts and scrapes that always seem to pop up on the river. A few Band-Aids, some iodine pads, maybe some antibiotic cream; just enough for basic care. "I work on the Raquette River in New York State in the summers as a backcountry ranger and I am constantly cleaning and fixing pocket knife cuts, cut feet, and the occasional axe bite or impaled bass lure," Woodard says. Having that basic kit close at hand has made life on the river much easier, he says.

- From the Low Country Paddlers newsletter, Charleston, South Carolina.

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**End of a Tradition?**

The 36th Annual Southeastern Championship Race was most likely the last. It seems to have died from lack of interest. The Board of Directors put the last nail in the coffin at their July meeting when, after a lengthy discussion, they voted almost unanimously to put the Race on hold until if and when more interest is generated.

One of the GCA’s primary goals has been to promote competition by attracting paddlers into the sport of slalom and wild water racing, and for 36 years we put on a race which had the primary focus of attracting beginner and entry level paddlers and getting them involved in the sport. A small core of club members has pushed very hard to keep the race alive for the past few years. The 2004 race, and other recent competitions, attracted only a smattering of paddlers in the recreational / cruising classes, and by far the majority of those who raced in these classes were already involved in racing, many having raced in the championship classes already. Our goal of attracting new blood into the sport just hasn’t been working.

Another long-standing problem with the race has been recruiting a volunteer RaceMaster. One recent year,
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Kayaks

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P&H
Impex
Valley Canoe Products
Necky
Current Designs
Old Town

www.seakayakgeorgia.com
888 Kayak GA
the President, as if he didn’t already have enough respon-
sibility, had to serve as Race Master to keep the race alive. Those who have been convinced / coerced into serving as Race Master have done a fantastic job, but it’s a job with a high burn-out rate lately because of a lack of volunteers stepping into the other crucial positions of responsibility.

The number of enthusiastic volunteers at the worker level has been great, but it takes more than just workers showing up on race day to make the race a success. A small core group of people have to get started months in advance planning for the event each year. Recent years have seen this small core group getting smaller, and those remaining becoming very much overburdened.

Bruce Fussell, the 2004 Race Master, had expressed his willingness to serve for another year IF we could get an adequate number of volunteers in this core group to spread the work around a bit. The effort failed, and the Board has voted. No Southeastern for 2005 — or ever again if no further interest is generated.

In the spirit of continuing to fulfill the goal of attracting entry level paddlers into racing, the club is actively examining alternatives — fun runs and short races on the Metro Chattahoochee and other closer to Atlanta venues, etc. — but the prospects are not all that great.

A long tradition is passing into history. Our club is not the only one to experience such a change in direction. The Atlanta Whitewater Club was splintered off from the GCA many years ago because their founders felt the GCA did not have a strong enough racing program. They sponsored several races a year for many years. Today they sponsor none.

The Racer Heads in the GCA will miss the Southeasterns, the many volunteers who help out each year will miss what has traditionally been our biggest social event each year, and the ACE kids and the NRC racers will have one less local race to attend each year to hone their skills for national and international competition. It has been a great coming together of effort that has produced so many successful and enjoyable races over the past 36 years. Thanks to everyone who has volunteered and worked so hard over the years to create such a long run of successful races!

River Access

Why Does Coca Cola Have a Bitter Taste in Southwest Georgia?
by Jack Thornton

Mr. Robert W. Woodruff, the long time President and Chairman of the Board of the Coca Cola Company, was a very shrewd businessman who made the Coca Cola drink the most popular and best selling soft drink in the world. He had another interest, hunting the Bob White quail.

During the Great Depression years in the 1920s and 1930s he acquired about 28,000 acres of land down in Baker County Georgia and turned this area into one of the best quail hunting plantations in the United States. This plantation became known as the Ichuaway Plantation, named for the Ichuaway Nochaway creek that runs through 14 miles of this land. Calling this stream a creek is a little misleading because it has more water flow than several streams in Georgia that are called rivers. It is the largest tributary to the Flint River when it flows in to it.

When Mr. Woodruff died in 1985 some unusual and extreme changes began to take place. Mr. Joseph J ones, one of the officials of the Coca Cola Company, got control of Ichuaway Plantation from the Woodruff Foundation. He changed the name to Joseph Jones Research Center and then got the state, through the head of the Natural Resources Department, to issue an Executive Order to declare the entire 14 miles of Ichuaway Nochaway creek that runs through this land a no-boating zone. This was done without a public hearing or any public notice to the people in Southwest Georgia. This order basically closed this area that had been used for over 150 years for recreation.

This represents the first time the state has taken this type action for a private landowner on a stream this size and this length. We now have a precedent set with this action taken that other large landowners with a sizable stream through it will try to get the same action taken for them.

The next action taken by Joseph Jones Research Center was to erect 8 locked chain link fences with barbed wire across the top, on the state right of way at two bridges across this stream. Also they erected a cable stating that it was a no boating area at the mouth of where it enters the Flint River, even though the lower portion of Ichuaway Nochaway creek is classified as a navigable stream by the U.S. Army Corps of Engineers.

I don’t believe it is lawful for anyone to fence off the State right of way for their own use and I know that no individual landowner and not even the State can attempt to try and close a navigable stream. It definitely violates the federal regulations under the Corp of Engineers.

Guess what happened next? Under cover of darkness one night, the fences and cable were taken down after they received a lot of criticism and probably some legal advice.
Large corporate businesses sometimes make large mistakes because they are run by people and people make mistakes. For example, when have you seen a person driving an Edsel and drinking a New Coke lately?

In order to judge the integrity of these large corporate entities we need to look to see how they handle any mistakes. Do they try to hide them and cover them up, or do they admit them and take steps to correct them? The only comment from the Jones' crowd on this issue is that if they could back up and handle things again they would handle it differently. What this statement means I don't know, but from the actions I don’t think it means much of anything.

I have floated and fished the streams in Georgia for years. When I drove off a State Highway on to State right of way down to a bridge, unloaded my boat and paddled or motored back to the bridge, I never considered I was illegally trespassing on anybody's land if I never got out on either bank. If this running water that is headed to the Gulf of Mexico or the Atlantic Ocean is considered real property or real estate, I guess I'm ignorant and have done a lot of trespassing over the years.

Why do mountain climbers rope themselves together? To prevent the sensible ones from going home.

Corps Recommends Partially Removing Dams for White Water

Columbus (AP) — A study by the US Army Corps of Engineers recommends the partial removal of two downtown Columbus dams to make way for free-flowing white water in a portion of the Chattahoochee River. The changes to the Eagle & Phoenix Dam and City Mills Dam are recommended in a $400,000 feasibility study by the Corps' Mobile Office. The breaching of the dams will create a 2.3-mile stretch of white water into the city.

The Corps recently revealed its preliminary findings to Fall Line Alliance, a local group pushing the project because of its recreational and economic development possibilities. The Corps expects to complete its report in the next couple of weeks.

One obstacle to the project is funding. The cost is estimated at between $6 million and $7 million, said Jim Buckalew, the Corps project manager. The Corps would provide 65 percent of the funding under a federal aquatic restoration program, but there is no guarantee those funds would be available. The remainder of the money would have to be raised locally. Columbus businessman John Turner, leader of the Fall Line Alliance, said the group will begin a private fund-raising campaign after the
The Corps report is finalized. Another possible problem is that the dams are privately owned. The cost to acquire the dams is not included in the Corps' project estimate.

The alliance believes that the restored river would create kayak and white water rafting opportunities, and the rapids could draw stores and restaurants near to the river. The Corps believes the project will benefit certain species of fish, including the shoal bass.

"As it turns out, what is good and safe for boating tends to be closely aligned with what is good for the fish and organisms," Turner said.

The Mobile District's study must be approved by the Corps' South-Atlantic Division Office in Atlanta. Approval is expected in September.

- From an article in the local Columbus newspaper forwarded by Richard Sturtevant.

Letters

Dear Editor,

Just a short note as a follow-up to express my gratitude to GCA and you as Editor of the Eddy Line, newsletter of the Georgia Canoeing Association.

Terry Newlon, a member of GCA and American Whitewater, responded to your request for assistance in my fish trap dam research. For years I had received reports of fish trap dams on Mountaintown Creek, Gilmer County, Georgia. Mr. Newlon was good enough to take me to the dam's location. It has now been documented and recorded as a Georgia Archaeological Site, number 9 Gi 151.

Enclosed are copies of the site report and a photo of the trap dam. Additional research will be conducted in an attempt to document the earliest owners and who & when it was used. Again, let me thank you and GCA for the help in documenting and thus preserving this riverine cultural resource.

Sincerely,

Bill Frazier

Georgia's Streams /Fish Trap Dams

Book Review

Chattooga — Descending into the Myth of Deliverance River, by John Lane
Reviewed by Carol Greengberger

Before the novel and the film Deliverance appeared in the early 1970s, any outsiders one met along the Chattooga River were likely serious canoeists or anglers. In later years, untold numbers and kinds of people have felt the draw of the river's torrents, which pour down the Appalachian along the Georgia-South Carolina border. Because of Deliverance the Chattooga looms enigmatically in our shared imagination, as iconic as Twain's Mississippi — or maybe Conrad’s Congo.

This book is John Lane's search for the real Chattooga — for the truths that reside somewhere in the river's rapids, along its shores, or in its travelers' hearts. Lane balances the dark, indifferent mythical river of Deliverance against the Chattooga known to locals and to the outdoor enthusiasts who first mastered its treacherous vortices and hydraulics. Starting at its headwaters, Lane leads us down the river and through its complex history to its current status as a National Wild and Scenic River. Along the way he stops for talks with conservation activists, seventh-generation residents, locals who played parts in the movie, day visitors, and others. Lane weaves into each encounter an abundance of details drawn from his perceptive readings and viewings of Deliverance and his wide-ranging knowledge of the Chattooga watershed. At the end of his run, Lane leaves us still fully possessed by the Chattooga's mystery, yet better informed about its place in his world and ours.

- From the book jacket.

John Lane, born in North Carolina, has lived on a wilderness island off the coast of Georgia, studied crocodiles in Central America, surveyed monkeys in the remote rain forests of Suriname, and traveled extensively in the wild places of the United States. Currently, Lane teaches...
Upper Ocoee
by Hank Klausman


Three of my closest paddling buds, going back to the 1970s joined up for moral support for my rare volunteering as trip leader (excuse me — coordinator) for the Upper Ocoee. Jack Weems, who has morphed from an open canoeist to C-1 to kayak, and is expert in all three, rode up with me and Fred Stokes, former canoeist and now C-1er. You will remember Fred from the first Paddlesnake video. Allen Hedden met us with his open canoe at the put-in.

There were two newbies, both half our age — Mike McDonough and Brian Mitchell, both in kayaks. Mike had done the Upper Ocoee once. This was Brian's first time, but since he had done Chattooga Section 4 and Tallulah Gorge, I figured he would be fine.

Both Mike and Brian were great. They followed me everywhere, off the boof at left of Mickey's, through the race course and my wild weaving through Trash Can. Allen said he hadn't done the Upper in 2 or 3 years, but he was so smooth, looked like he ran it everyday.

Four of us ran the boof move on the left side of Mikey's, then portaged up and ferried across to join the others. We all ran the right side.

See you on the river!!
A Lesson Learned the Easy Way
by Jack Wissner
Ocoee River — August 6, 2004. You expect early August to be pretty hot, but an unexpected but welcome cold front made it feel downright autumn like. Real nice. The group (Jack Wissner and Hank Klausman (K-1), and (trip coordinator) Allen Hedden, Pat Stone, Billy Dunn, Wade Lucas and Edward Stockman (OC-1)) set off late morning into water that Hank said appeared to be a little higher than usual. For me, the day drummed home a lesson that sometimes is learned the hard way. Fortunately for me, that will not be necessary. The easy way will be fine thank you.

Although I have been paddling for quite some time, I haven't been on rivers much lately. The Ocoee has always been one of my favorite places, but I have not been there for a while. Fact is, my skills have deteriorated from lack of use. I guess I figured hey, its like riding a bicycle, you never forget. Lets just jump back in, I'll get comfortable in a few minutes and it will be like old times again.

I'm here to tell you that that theory isn't so hot. After a clean run through entrance rapid, I was feeling pretty good. I clearly deceived myself. I'll spare you the details, but suffice it to say that two particularly nasty swims in Broken Nose and Table Saw told me that cleaning the cobwebs out of the boat every once in a while to jump on a river like the Ocoee does not make any sense. In fact it is stupid and dangerous.

I say I learned that lesson the easy way because, although both of the swims showed me some obvious ways you can get hurt, it never happened.

I had plenty of time to think about it on the drive home. An analogy came to mind. I am a sports car nut. A number of years ago, one of my cars (a Lotus) that I dearly loved had degraded to the point that it was no longer usable. I hadn't given it much attention, although I really loved it. I realized that I couldn't just let it rot. I either had to fix it up so it was like new, or sell it. In the end I sold it to someone who wanted to restore it.

My paddling skills are now like the old Lotus. I either have to fix them, which means spend sufficient time redeveloping my skills so I can paddle the Ocoee with confidence, or do the equivalent of sell them, which means quit the sport. Although I am certainly leaning towards devoting the time needed to elevate my skill level, I'm going to take a little time to think about it.

Almost every day on the river is a fun day. Fact is, even this was a fun day. I met some nice folks. It was a particular pleasure listening to Hank talk about some of the real early days on the Ocoee back in the '70s. I just don't want to have many more fun days like it.

Sea Kayaking
Sharks
by Ciaran Lesikar
I have an amusing story about my first shark experience. Feel free to stop reading now as I think it may take a few paragraphs to effectively communicate. This is a true story with as many morals as perils.

Once upon a time, about 6 or 7 years ago to be more accurate, my wife and I took our kayaks out via tour boat to the Dry Tortugas (Almost 70 miles west of Key West into the Gulf of Mexico). An absolute must trip! We met another couple out there with kayaks and on a somewhat breezy day we decided to paddle out to Hospital Key (a small island about 1-2 miles out over open ocean) where Dr. Mudd of "your name is Mudd" and doctor of John Wilkes Booth (after shooting President Lincoln) once took care of sick fellow prisoners, eventually leading to a pardon for himself, I digress.

Anyway, after a beautiful paddle into 3-4 foot swells out to the island, the comedy (although I didn't see it as such at the time) of errors began. I was paddling an old Necky Alseck without bulkheads which was putting my feet to sleep. The stupid Thermarest-like air pads on my seat and seat back I thought would help, were doing nothing but completely ruining any body-boat weld I could have had to help control my boat.

Now, this island is a protected egg laying area for Loggerhead Sea Turtles with a pretty hefty fine for landing, but what was I to do? I couldn't feel my legs at all. So I devised this great plan to get out of my boat in the shallows of the crazy wrapping surf of this small island.

I took one step out of my boat before realizing there was no land anywhere under me. So now I'm swimming with legs I can't feel in surf just 10-15 feet from a beach of sorts. So I had no choice and swam my boat to shore, getting slammed onto the beach. I quickly began to empty my boat of water, while my legs filled with blood. Feeling extremely guilty for being there, I quickly jumped into my boat, deciding to finish emptying the water out of my boat with my pump.

The shark is coming, I promise.

Now, I paddled out with a boat half full of water and proceeded to capsize again in the crazy whirling currents
on the back side of the island. After flailing around for a couple minutes, effectively calling in any sharks within miles (I was sure), I jumped back in my boat, doing an assisted rescue. I emptied my boat of water (I thought) and was rewarded with an increase in swell size for my first true open ocean following seas experience.

As we began to work our way back, in what was now 4-5 foot swells, I found myself in a semi-panicked state. A few minutes later, with the combination of a good amount of water hiding behind my airbags, air pad covered seats, legs asleep again, and what turned out to be a very bent permanent skeg acting as a rudder turning me towards Fidel Castro (remember I was slammed onto the beach — I was so concerned about the turtles I forgot to check to see if anything was damaged on my boat) I was now almost in a state of full panic.

And the shark is not even here yet.

As I paddled along trying to calm myself down, I found my kayak would not stop pointing out to the open ocean. I began to forward sweep like there was no tomorrow (in fact I began to think there would not be). The only thing I succeeded in doing was going as fast that I was now all by myself, with no one in sight.

With the swells and wind I could not see or hear anything, and in fact I was a couple hundred yards from anybody. Now I am in complete panic, and my first thought (for a very brief moment) was to capsize and drown. Instead, I began to scream “help,” and evidently, it did not fall on deaf ears (or at least ear slits).

It was at this point, in the face of the wave I was paddling into, that I made eye contact with what I later surmised was a 12+ foot bull shark! He looked at me, I looked at him, and then I watched him pass under me and turn around to swim in my direction. He was definitely following me! I refused to allow myself to focus on anything else in the water. I was sure at any moment I would be lifted me and my boat right out of the water and I'd be lunch.

Up to this point, panic was making me pretty stupid, but to my surprise the answer came to me. Almost as if possessed, I started paddling, ruddering, paddling, ruddering, etc. (At the time I knew nothing of stern rudders or dufeks, etc.). Within minutes I had figured out how to keep from paddling to Cuba and found the rest of my group.

I couldn't speak of my experience for some time. When I finally explained what had happened to me, to add insult to injury, after stopping her laughing, my wife explained what a glorious paddle they were having paddling with numerous sea turtles swimming by and frigate birds flying overhead. It took a couple days before I paddled my boat again and much longer for my rather large male ego to return.

Looking back, it was truly an empowering experience, but at the time I felt it was almost the beginning of the end (of my paddling career at least). Suffice it to say, I don't worry about sharks anymore, having already been presented to one on a plastic platter without as much as a nibble. I believe when it's your time, it's your time, whether it be a shark in the ocean or a coconut falling from a tree :-)

I still look forward to returning to the Dry Tortugas soon. Happy Paddling!!

- From a Chesapeake Paddlers Association email list posting by Ciaran Lesikar, ACA OWI instructor, MD Area Coordinator, Canoe, Kayak, and Paddle Co., LLC (www.KayakMaryland.com).

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Rope
by William C. Reeves (The Hawk)

After your boat, paddle, and PFD, a rope (and a knife) are the most important pieces of equipment you bring on the river. Wow! I bet you've never really thought about rope that way before. Rope is used to tie your boat onto your truck before a trip even begins.

After unloading at the put-in, rope may be the most expeditious way to lower your canoe to the river (e.g., sliding it down to the Conasauga under control rather than just letting her rip or rappelling off the cliff down to the Rio Salto with your canoe). Then, after you've made it to the river, you may need rope to secure gear in the boat.

Rope affixed to a boat is no longer rope; it has been magically transformed into line and line handling is basic to the craft of boating. Lines are used to secure a boat while eating lunch, taking a leak, scouting Killer Fang Falls, camping in the Grand Canyon, and (unless one prefers portaging) to line rapids in the Boundary Waters.

Rope is also critical to rescue situations. Starting with the most basic, you'll use bow or stern lines during self-rescue to keep your boat from escaping down Royal Gorge. Conversely, you may use your buddy's painter (another word for bow/stern line) to keep his/her boat from running the rest of Royal Gorge after Sunshine. My friends always rescue equipment first, but we're weird and every boat needs a rescue rope.

Most often, rescue ropes are kept in handy throw bags (either in the boat or on the boat). Besides throwing, rescue ropes are used for tag and zip lines, tethered swimmer rescues, Z drags, other hauling operations and...
How to Swim the Ocoee
by Hank Klausman
July 2004. I was quite flattered when CL asked if he could paddle with me in my tandem kayak. Having someone that good and half my age in the other end of the boat should be fun and a lot less work for me. CL is one hot paddler and normally kayaks the class five rivers. He asked me not to use his real name, as he has an image to maintain and this story might not help.

We decided the Middle Ocoee would be a good run, because it has lots of play spots and my son and I had done
laughing. When I asked CL what happened, he allowed he

We wrestled the swamped boat into Staging Eddy still

skirt and swam out.

times. Nothing was happening, so I released my spray

hand were holding it flat. I set up and tried two more

second, then tried to roll. The boat didn't budge, as if some

promptly flipped. I set up on my right side, waited a

edge of Grumpy. I was under water but we surfaced

down hill only yards from the lip of the pour-over. “Paddle,”

We both dug in and I became airborne off the

east of an exposed rock and looked downstream for Grumpy. Ahead were some exposed rocks CL had not mentioned. I tried to cut around and yelled, “Rock!” Too late and we

barked, “We’ll enter upstream on the left and surf across.

When we arrived at Gerbil, so I had no choice. The Captain

had never done a 360 on purpose, but we were still upright

and I was tuckered out from being the power paddler in

both were trying to lead. We weren't even halfway down

and I was tuckered out from being the power paddler in

front and swimming. CL promoted himself to Captain and
decided that he should paddle in the bow AND we should

roll on the left side, which is his strong side.

We did better with CL in front, so our Captain said we

should try some 360-degree spins in two play spots with
the ominous names of Gerbil Stuffer and Canary Eater. I
had never done a 360 on purpose, but we were still upright
when we arrived at Gerbil, so I had no choice. The Captain
barked, “We’ll enter upstream on the left and surf across.
As we come out, take a back stroke on the right and pull
us up into the hole.”

This was against everything I ever learned about
paddling. Your strokes were supposed to avoid or get out
of holes, not into them. But CL sounded so sure. We
charged in and both leaned onto right side braces facing
the left bank. We surfaced across the hole until the bow of
the Topo rose out of the depression and we spun
downstream.

“Now,” CL yelled and we both pulled back on our

paddles. The Topo neatly slid backward up into the hole.
But now we were leaning on the upstream side and in grave danger of being flipped. "Lean," CL yelled again and we both flopped to the left side. Our boat surfed backward along the hole and started out the other side. "Stroke forward," CL called and we pulled up into the hole. We executed five or six linked spins until CL called over his shoulder, "Ready for Canary?"

We ferried to the other side for Canary Eater, a much larger and deeper hydraulic. CL never slowed his stroke and pulled us straight into the left side. As we side surfed across, the boat was so deep I had to reach my blade up to brace on the water pillow. But it was smooth and we shot out the end. CL immediately started his backstroke.

I hesitated to make sure we had cleared the hole, but my delay didn't mess us up, and we reversed into the hole. Left brace to glide backward and out the river left side. Then hard forward sweep to pull us back up into the hole. Brace, glide, sweep, lean; then repeat.

We spun half a dozen times, until I was getting dizzy and muscle fatigue. CL tried to pull us in for more, but I drew us into the flat water below. CL probably would still have us spinning. I think he gets off on this stuff.

I do have to admit it is a rush and we were both pumped. CL looked over his shoulder at me, "Let's try an ender in Hell Hole."

"Okay," I said. "But let's practice a few rolls in the flat water."

Just above Hell Hole, CL pulled us into an eddy on river left. "Let's roll. And come up on the left." We came up so smoothly I hardly pulled on my paddle. Then CL flipped us over by surprise, I guess to simulate a combat situation. I tried a roll, but didn't feel him sweep. The boat only came up half way and we settled back upside down. On the next try, CL started first and I was too late to catch up. Upside down again, I released my spray skirt and slid out. CL stayed in the boat and rolled it up solo. This proved coordination had to be our problem because I had rolled the Topo alone from both ends.

We still decided to try an ender in Hell Hole, which is by far the biggest wave hole on the river. CL must have been getting philosophical because he said, "If we flip in Hell Hole, try one roll; then bail."

Posed in the eddy next to Hell Hole, I still couldn't see the bottom of the hole. "Ready," CL called, and we stroked in unison into the edge. We entered at about 45 degrees and I couldn't force the boat straight. We rolled over and tons of water pushed us further down and out of the hole.

I tried a roll but nothing much happened. I really didn't want to swim Powerhouse, so I set up again. I felt movement in front and realized CL was bailing. I swam out and moved right to avoid the big ledges in center. Huge curlers slammed water down my throat as I washed through.

We were still laughing as we dumped water out of the Topo. Mrs. CL arrived with the three kids to say they had seen most of the carnage. I was still catching my breath when CL asked his five-year-old son to take my place for the final half-mile of class two rapids.

Although there were many witnesses and paddlers kidding CL, he swore me to secrecy about our swims. But he said it was fun and wants to do it again. I had fun too, although I never swam more on a river. We do need to learn to roll that sucker!!

Archaeological Find
by Ted Gearing

Several years ago the flow of silt down the Colorado River was greatly reduced by the construction of the Glen Canyon Dam. As a result, many of the sand bars in the Grand Canyon have been slowly sliding away.

Government geologists and archaeologists, in conjunction with the Bureau of Land Management have, since the closure of the dam, closely monitored the changes of the Colorado and it's bed. Recently, these scientists uncovered a crude (by our standards) but quite sophisticated (by standards of 300 to 600 years ago) "white water craft."

The vessel was actually discovered by part-time physician and full-time raft guide, Dr. V.T. Ogden, following the all-time-high-water season of the Spring of '83. He reported it to the National Park Service and they immediately sent a team to protect and preserve this remarkable find.

The boat is described as being approximately 14 feet long and 2-1/2 feet wide with a "covered deck." Ribs made of piñon, similar to that wood found in the Anasazi Cliff Dwellings of Mesa Verde, provided support for a fabric (the outer hull) made of what appears to be a thin blanket of woven human hair.

The blanket was coated by its maker with a substance not unlike candelilla wax for water resistance. The cockpit, small, suggesting that its occupant was also, was ringed by small loops (also made of human hair) and may have been used to attach the ancient equivalent of a "spray skirt."
Exact origin of the boat is not known at this writing. The Anasazi’s were not known to have overdeveloped any type of canoe or kayak. Eskimos certainly had not ventured this far south and, of course, their kayaks had always been covered with animal skins — not human hair.

A misplaced Spaniard, at this time, seems the most likely candidate. Having sailed to the New World he would have had opportunity to observe basic boat construction. Why he chose hair for the fabric, where he obtained it and how long it took to weave that large a blanket is not known.

"The one thing we are certain of," according to Walter Quiche, spokesman for the BLM, "is that the craftsman who created this vessel was the original — 'hair' boater."

- From the "Ozark Paddler" — newsletter of the Ozark Mountain Paddlers.

"New Yorkers like to boast that if you can survive in New York, you can survive anywhere. But if you can survive anywhere, why live in New York?"

- Edward Abbey.

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**Ode to a Jet Skier**

by Tom Currier

Jet ski person, selfish fink,  
May your silly jet ski sink.  
May you hit a pile of rocks,  
Oh boorish summer coastal pox.

Noisy smoking d--khead fool,  
On your loathsome leisure tool,  
Give us all a jolly lark  
And sink beside a hungry shark.

Scream as in its fangs you go,  
Your last attention-seeking show,  
While on the beach we all join in  
With "Three cheers for the dorsal fin!"

- From the Merrimack Valley Paddlers email list.

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A bronze casting of a tin kayak with a lawn mower motor for an engine, used to escape from Cuba.
TO PLACE AN AD - Want ads of a non-business nature are free to dues-paid GCA members. Business-related and non-member ads are $5.00 for up to 50 words, $10.00 for larger. Send your type-written ad to: Allen Hedden, 2923 Piedmont Dr., Marietta, Ga. 30066, or email to gacanoe@mindspring.com. PLEASE, NO PHONED-IN OR HAND-WRITTEN ADS. All ads will be run for two issues unless otherwise requested.

FOR SALE - C-1s, 2 Dagger Cascades. One yellow and red swirled and one blue and light blue swirled. Both in good condition. Blue one needs some minor outfitting. Will throw in 2 Mountain Surf C-1 skirts, a Perception paddle, med. Pro-tec helmet and a throw rope. $250 each or both for $425. Bruce Fussell brucefussell@comcast.net, 770.621.0551.

FOR SALE - Canoe, Mad River Freedom Solo (formerly called Guide) 14'6" green Royalex w/ vinyl gunwales, never used, mint condition $800 firm. 404.378.0026.

FOR SALE - Flotation Bags, vinyl - Perception brand. Stern bag 58" length, center bag 52" Length, bow bag 28" length. Grey colors. All for $60. Contact Don at 770.262.7345 or 678.455.9151. Email drparker36@aol.com.

FOR SALE - Kayak, Piranha S8. This boat has been in the water 3 times and is in new condition. I bought it for my wife who is too small for it. Great down river/play boat. $500. Mike 770.479.9478.

FOR SALE - Kayak, steel blue Wave Sport Transformer 2 (T2), awesome play boat for the medium sized paddler. In very good shape, only paddled for onesummer. Stored inside. $600. Call Kevin at 770.792.3295 no later than 9 pm or email swimyak517@hotmail.com.

FOR SALE - Kayak, Dagger RPM Max white water kayak. Gray (looks like granite). Good condition. Has protective cones on ends. $400. Call William at 706.742.7513 or e-mail lisis@negia.net.

FOR SALE - Kayak & paddle. Dagger Outburst whitewater kayak, Perception white water paddle. Kayak - $350. Paddle - $100. The Kayak is in good condition. It is a great beginner boat as it is very stable. The paddle is light and strong. Please contact me for more information. margeryedu@cs.com or 404.401.5919.

FOR SALE - Kayak and gear - complete whitewater outfit, Dagger RPM, Lotus PFD, Werner paddle, Wildwater helmet, Perception spray skirt, various dry and spray tops, all above purchased new. $700 OBO. Call 404.790.4204 between 8 am and 9 pm or email grickthomas@mindspring.com.

FOR SALE - S. O. T. Kayaks, 2 - Cobra Tourers sea and touring sit-on-tops, each with backrest, leg straps, large dive tank well and 3 additional hatches, great for camping, ocean and lake paddling, used only once, new at $1,100 each, selling for $700 each. Also for sale, one white water sit-on-top Pyranha Surf Jet with skeg, paddle, $450. Also for sale, 2 pairs of monsoon pants, like new, one adult small, one medium, $30 each. 706.636.2837.

HELP WANTED - Yes, the GCA needs your help. We need members to serve on committees, label and mail newsletters, etc. Call 770.421.9729, leave a message.

WANTED - Canoe. Mohawk Probe 1211 in good or better condition. Call Jack at 770.998.0350.
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Registration Deadline — Your check must be received by Tuesday, September 14 or we will not be able to provide food for you.

CAMP SITES: $15.00/site/night for 1st 2 people; $2.00/night for each additional person (most sites have power/water hookup; cannot reserve specific campsites — first come basis)

CABINS: $45.00/night (sleeps 4 people, 1 bathroom, cable TV)

BUNK HOUSES: $5.00/bed/night (sleeps 12 people w/easy access to large bathhouse)

No pets allowed in cabins or bunkhouses — Must be on leash in camping area

FRIDAY EVENING:
Trip Coordinator Meeting 7:30 PM at Meeting House

SATURDAY EVENING:
7:00 PM
Dinner catered by NOC with veggie alternative
Price: $12.00 (Children 12 & Under $7.00)

BOATING SATURDAY & SUNDAY:
Meet at 8:30 AM at Meeting House to Finalize Trips
Rivers: Ocoee, Nantahala, Tuckeseigee, Little Tennessee, Pigeon, French Broad, Nolichucky, Chattooga, Upper Chattahoochee, Nacoochee Chattahoochee, Amicalola, Cartecay, Hiwassee, Tellico
Lakes: Nantahala, Fontana

Note: There will also be a Friday Nantahala trip coordinated by Peter Chau as listed in the current trip schedule

For further information, contact:
David or Dorothy Vezzetti 706.579.2541 / dvezzetti@alltel.net
GCA FALL GALA CANOEING AFFAIR

Registration Form
To Register – Fill out registration form below and mail with your check made out to “GCA” to:
David & Dorothy Vezzetti
10454 Big Canoe
Big Canoe, GA 30143
706.579.2541

Registration deadline: Your check must be received by Tuesday, September 14 or we will not be able to provide food for you.

Name:_____________________________________________________________ Phone:__________________________________________

No. in Party _______________ Email: _______________________________________________________________

Address __________________________________________________________________________________________

Camping:
Number of tents @ $15.00/night (includes 2 people) Fri. _______ Sat. _________ $_______________
Extra people @ $2.00 each/night Fri. _______ Sat. _________ $_______________
Cabins (each sleeps 4): Fri. _______ Sat. _________ $_______________
(Kitchen, bathroom, cable TV) $45.00/cabin/night
Bunkhouse:
(Each sleeps 12) $5.00/person/night Fri. _______ Sat. _________ $_______________

Saturday Dinner:
# of Meals (adult) _____ X $12.00 $_______________
# of Meals (age 12 & Under) _____ X $7.00 $_______________

Saturday & Sunday Breakfasts:
At $3.00 Sat. _________ Sun. _________ $_______________

$5.00 LATE FEE if post-marked after September 12: $_________________

Make check payable to GCA

Grand Total $_________________

Trip Coordinators Needed!
I am willing to lead a trip Saturday or Sunday on: _____________________ on _____________________________
Saturday / Sunday Specify which river or lake

NELSON’S NANTAHALA HIDEAWAY — TOPTON, NC
www.nantahalacampground.com
See website for a map/directions/cabin pictures/hiking trails/area information and more
2004 GCA INSTRUCTION SCHEDULE & CLINIC INFORMATION

Clinics will be taught by ACA-certified instructors and qualified assistants. In order to provide individual attention, the maximum student-to-instructor ratio is 4:1. Space is limited.

COURSE DESCRIPTIONS

BASIC WHITE WATER SAFETY
This is not a Swift Water Rescue course, but rather a one-day safety course focusing on the skills needed to immediately effect a rescue after an incident has occurred. It follows the American Canoe Association's Basic White Water Safety curriculum and is a full day of learning and practicing simple safety concepts and rescue techniques. The morning is demonstration and land-based exercises including throw ropes. The afternoon is water-based exercises including self-rescue, rescue of others, and retrieval of boats and gear. If you've never taken a river safety course, or haven't taken one recently, this is an excellent first course or refresher course. The only prerequisite skills are basic paddling techniques such as those learned in a beginning paddling course.

ADVANCED SWIFT WATER RESCUE
OBJECTIVES: To teach effective skills for white water rescue, including self rescue techniques, rope handling skills, and approaches for dealing with boat pinning and entrapment. Special attention is given to teaching simple, effective skills that make good use of the limited gear that white water paddlers can carry.

PREREQUISITES: All paddle craft are welcome. Students should be intermediate white water paddlers, capable of ferrying and catching eddies in class II white water. They should be in good physical condition, with strong swimming skills and no fear of going underwater. Students should dress for swimming and prolonged immersion. All appropriate personal river gear, plus a throw rope, two carabiners, and 15 feet of 1 inch tubular webbing, should be brought to class. The above are excerpts from the ACA outline http://www.acanet.org/pdf/adv-rescue-6-18.pdf

BEGINNING RECREATIONAL KAYAK:
This is primarily for the ‘other’ kayak category; ones that are neither shorter white water kayaks with skirts nor longer sea kayaks with rudders or skegs. This includes flat water touring kayaks (wider kayaks with skirts such as Keowee, Swiftly and Acadia models) and white water sit on tops (such as Torrents) & inflatable rubber kayaks. Some don't know they have boats in this category until they call for white water or sea kayak classes. The course will follow the format of the American Canoe Association 'basic river kayak' course. See http://www.acanet.org/sei-river-kayak.htm

SEA KAYAK
These courses are for longer narrow kayaks with rudders or skegs. The beginner class is two days of basic strokes, maneuvers, and rescue skills. One day is on quiet water, the second is in mild surf. The level of instruction will be geared to the skill level of the participants. For more information see http://webpages.charter.net/cramersec/skflyer.html and http://www.acanet.org/sei-coastal-kayak.htm

BEGINNING FLAT/MOVING WATER CANOE:
For people who have never had a boat on moving water or want to improve their skills in a basic course. This is also for canoes that are not suitable for white water or those who want an easier class. Saturday flat water session emphasizing strokes, safety, self-rescues. Sunday session on moving water river. For more information see the ACA 'basic river canoe' outline at http://www.acanet.org/sei-river-canoe.htm

BEGINNING YOUTH WHITE WATER:
For younger paddlers 8 to 14 years old who are either just starting out in white water or have paddled before but are still at the novice level. This is a one-day class with a morning lake session followed by an afternoon river session at a difficulty level well within the experience and capabilities of the participants.

BEGINNING WHITE WATER KAYAK & CANOE:
For people who have minimal experience on moving water and/or have not had recent instruction. Three-hour evening classroom session with videos and lectures covering equipment, safety, river features and paddling techniques for tandem and solo boaters. Full day Saturday flat water session emphasizing strokes, safety, self-rescues. Full day Sunday session on moving water river. You must attend both the dry and flat water sessions to participate in the white water river portion of the course.

TRAINED BEGINNER WHITE WATER KAYAK & CANOE:
Participants should have had fairly recent beginner level instruction and at least 5 days of white water experience after the instruction. Participants should be able to do basic maneuvers on class II rivers (eddy turns, peel outs & ferries). Polish-up beginner skills, plus bracing and rolling (kayaks).

INTERMEDIATE WHITE WATER KAYAK & CANOE:
Intermediate clinic participants should be comfortable paddling class II-III white water such as the Nantahala, wish to master the roll in rapids (kayaks), and learn how to play confidently in Nantahala-type waves and holes. Intermediate kayakers should have a 100% flat water roll and a 50% reliable combat roll in class II rapids. Saturday morning lake session working on strokes and rolls (kayaks) and an afternoon session on a class II-III white water river. Full day Sunday trip on a class II-III river.

ENROLLMENT GUIDELINES
See the registration form (reverse side) for information on GCA membership, registration, cancellations, refunds and age.

SWIMMING ABILITY:
You must be able to swim and should not panic with your head under water. Beginning kayak clinic participants will spend a lot of time upside down inside their kayaks on the lake. All students will practice swimming & self-rescue skills in rapids.

PHYSICAL CONDITION:
White water paddling is a physically and mentally challenging activity that requires fitness, flexibility, and a positive attitude in stressful situations. Kayaking is a high-risk activity for individuals with a history of shoulder dislocations. Applicants should discuss potential physical limitations with the Coordinator before signing up.

EQUIPMENT:
You must furnish all of your own equipment. You will receive a detailed list of required and recommended equipment well in advance of the clinic.
GCA INSTRUCTION 2004

White Water Canoe
+ Trained Beginner
   August 28, 29
   Coordinator: Pat Hagan (770.393.1420)
+ Intermediate
   September 18, 19
   Coordinators: Gina & Haynes Johnson
   (770.971.1542)

Sea Kayak
Coordinator: Steve Cramer (706.208.8382)
+ Introduction - Charleston, SC
   September 25, 26

Registration: To register for one of these clinics you must be a member of the Georgia Canoeing Association. For an application to join the GCA go to the GCA Web Site at http://www.georgiacanoe.org/membership.htm or call 404.421.9729. Dues are $25. Classes are $50 per person unless otherwise stated. To register for a clinic, call the coordinator of the clinic for more information, including questions on your skill level and/or course objectives. You will NOT be registered until the coordinator receives this completed form and a check for appropriate fees. Please don’t wait to register. All classes are subject to being closed due to student limits or being rescheduled or canceled if there are insufficient students registered. Registration closes ten days before each class due to insurance and planning considerations.

CLINIC ____________________________________________________________

NAME __________________________________________________________
AGE _____  SEX ______

STREET ____________________________________________________________________

CITY ___________________________________________________ STATE ________ ZIP ___________________________

PHONE ___________________ EMAIL _________________________________________

ALLERGIES OR PRESCRIPTION MEDICINES _______________________________________


DISABILITIES OR PHYSICAL PROBLEMS _______________________________________

CANCELLATIONS AND REFUNDS:
If you wish to cancel or switch to another date, please notify the Clinic Coordinator as soon as possible. If you cancel at least 10 days before the first class session your fees will be refunded. After that, refunds will be made only if a replacement is found. Clinics will be conducted rain or shine. No-shows and those not completing the full course are ineligible for refunds.

AGE: If you are under 18, all liability releases must be signed by a parent or guardian, who must also provide suitable power-of-attorney for medical care. Except for youth clinics, pre-teens will not be enrolled unless they have had suitable paddling experience in the Training Director’s judgment.
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